Installation of a New Prior

“The spiritual life for Jesus was—and I suppose the ideal of the spiritual life for us could be—like breathing in and breathing out, as simple as that. Breathing in the love of God, breathing out the love of God. Breathing in strength, breathing out compassion. Breathing in the fire, breathing out justice.” – From Fr. Cyprian’s installation homily
Dear Oblates and Friends,

It is my pleasure, and that of the whole community, to introduce to you our new Prior, Fr. Cyprian Consiglio. And it is not a difficult task because his powerful and moving Installation homily and the beautiful, expressive photos included in this newsletter say so much. Also because so many of you already know him, if not personally, then through his many wonderful CDs, his profound book, his spiritual concerts and conferences, etc. You know him to be a monk of many remarkable gifts.

Fr. Cyprian was born in 1958, the very year of the founding of New Camaldoli. And if that is not remarkable enough, he was born on the feast of our Founder, St. Romuald, June 19th! Was Providence not speaking rather loudly? Already in his early 20s, he was offering concerts as guitarist and vocalist and recording his music in Phoenix, Arizona. He then discerned his monastic vocation, arrived at New Camaldoli in 1992, and offered his monastic vows in 1994, I myself happily receiving them as Prior. He then studied for the priesthood at St. John Seminary, in Camarillo, California, writing his Masters thesis on the ancient, biblical and monastic understanding of humanity as constituted by three interrelated and complementary elements of body, mind and spirit.

His deep love of liturgy inspired him to take the monastic name of Cyprian, influenced also by our great Vatican II theologian Fr. Cyprian Vagaggini. Our own Fr. Bede Griffiths, whom he met at New Camaldoli, has had a very significant impact on him, and inspired Fr. Cyprian to continue on that urgent and significant way of exploring the “Marriage of East and West.” This commitment has inspired his several journeys to India, as well as to the Holy Land, Italy, the far East, etc., and also his book, “Prayer in the Cave of the Heart.”

Cyprian lived for some years outside of the community in a hermitage in the Santa Cruz area, while pursuing an active international ministry in interreligious dialogue through music and retreats conferences, influenced by the life and teaching of Fr Bede. He has brought the strong experiences of that period with him to New Camaldoli, as well.

We monks, and so many others know our dear brother and friend Cyprian to be a man of deep faith, profound prayer, real wisdom, and wonderful compassion. In his heart he is seeking what we are all seeking ultimately, ever deeper union with God and, in God, with all of humanity, with all of creation.

– Fr. Robert Hale, OSB Cam.

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Father Cyprian Consiglio, OSB Cam, Prior

Today (July 20, 2013) on the Church’s calendar we have the option of celebrating a little known saint, Saint Apollinaris, who was said to have been consecrated a bishop by Saint Peter himself, and then was sent to Ravenna in Italy as a missionary where he was martyred under the reign of Emperor Claudius. What makes that so auspicious for us is that Saint Romuald, the founder of our congregation, entered the monastery of Saint Apollinaris in Classe, just outside of Ravenna after Apollonaris appeared to him, twice. Actually he appeared to him again later urging him to return to San Apollonaris as abbott. (None of those times turned out too well: the first time his brother monks tried to throw him off the second floor balcony; the second time the abbot himself tried to strangle him, but never mind that...)

I myself have a connection to all of this. Back when I was finishing my BA and studying Art History, I fell in love with Romanesque architecture and specifically with the mosaics of Ravenna, both at the mausoleum in town called the Gallla Placidia (whence comes that mosaic of the two birds drinking out of the fountain that is our stemma and the symbol of the World Community for Christian Meditation), and then in the grand basilica in Classe, long before I had ever heard anything about Romuald or this rag tag bunch of monks called Camaldolese. The first time I was there it was as a monk, and I could barely enter in the church, I was so overcome with emotion to see it all up close.

When we were beginning to make preparations for this celebration of the installation of the new prior, I was consulted, as much as the liturgist as a candidate. I made it known in the strongest terms possible that I would really like to see it be a very small celebration, mainly for the community, maybe our support staff and one or two invited guests. Instead it was decided that there would be a more or less open invitation, on the heels of the recent Camaldolese Assembly at Asilomar Conference Ground, because this would be a big deal for our friends as well. So you see just how much influence I have, the sheer gravitas of my presence and the weight of my personality! I say that with a bit of humor and with absolutely no bitterness, mainly to make the point that actually either way would have been valid, and somehow the tension between those two options points right to a tension that I see in monastic life in general and in our Camaldolese charism in particular, that tension between withdrawal and belonging, you might say, between being alone and being available.

I chose to stay with the readings of the day today, mainly the gospel, for two reasons. First of all, because Matthew cites the very line from the prophet Isaiah in regards to Jesus, that Saint Benedict points to in reference to the attitude an abbot (or a prior as the case may be) should have in regards to his brother monks: “He is to distrust his own frailty and remember not to crush the bruised reed.” 1 i i  The other reason is that that same tension that I mentioned seems to be going on in this little scene from the gospel.

In some ways, I have always thought that the dichotomy that we place between the active and contemplative life in Western Christianity is what my philosopher friend calls a “false dilemma.” These two energies are only distant from each other because we are so distant from our own true selves. Father Bede Griffiths was very fascinated in a concept he got from India called sahaj samadhi. Samadhi is the final stage of yoga, when one is, as I like to translate it, “absorbed” in some way into the Divine, whatever that word means to you. And sahaj means something like natural; and so sahaj samadhi means “natural contemplation” and the best example of it according to Fr. Bede was Jesus, who had gone beyond the categories of active and contemplative. Whether he was in the desert or in the marketplace teeming with lepers, priests and prostitutes, he was a pure contemplative, as Bede wrote, “always abiding with the Father as the source of his being, and always seeing what the Father does as the source of his action. He is in that state of transcendent awareness in which he is one with the Father, and at the same time perfectly natural and human.” i i i “Perfectly natural and human”; that reminds me of Athanasius’ description of Antony the Great when his friends came and broke down the gates of the deserted fort where he had been living for twenty years and Antony emerges and he is kata physis, Athanasius tells us—according to nature, “all balanced, as one governed by reason and standing in his natural condition.” The ascetical life did not destroy Antony; he was deified, and deification made him into a real human being.

What I note about Jesus is how often we see him go off to a remote place to pray, on a mountain often; and sometimes he takes his disciples and tells them, “Come away with me to a lonely place.” i i  But, notice, when he is off by himself and his disciples come looking for him he never says, “Go away, I’m on a desert day.” When crowds come looking for him and his disciples, sometimes the disciples want to send the crowd away, but Jesus always welcomes them. And sometimes, like today, it seems that he brings the whole crowd with him— “he withdrew from that place. Many people followed him,” Matthew tells us: And as was said about the early monks in Egypt, “the desert becomes a city.”

The spiritual life for Jesus was—and I suppose the ideal of the spiritual life for us could be—like breathing in and breathing out, as simple as that. Breathing in the love of God, breathing out the love of God. Breathing in strength, breathing out compassion. Breathing in the fire, breathing out justice. Or, simply put, breathing in the Spirit and then delivering it over, as he did with his last breath of his life on this earth.

Please don’t misunderstand me, I think that for most of us mere mortals it is not that easy, and I think that there will always be a place for the purely contemplative life. And our constitutions say right at the beginning that, “In both the hermitage and the monastery” we monks are to “attend to the contemplative life above all else.” i i i And the reason I think that there will always be a place for the purely contemplative life is this: we are one body, the body that is the church, the body that is the human race; and a conservative guess would say probably 90% of the body is active almost all the time, and so some part of the body has to be contemplative to give it some equilibrium. My friend John likes to quote Thich Nhat Hahn who says that when the boat is rocking on a stormy sea someone in the boat needs to sit still. That’s our job, to sit still. The Katha Upanishad says, “every now and then some wise souls seeking immortality turn the gaze inward.” That’s our job—to turn the gaze inward. But we don’t do it just for our own sakes; we do it for the body, the body that is the human race, the body that is the church, the Body of Christ, and even in some way, as Saint Paul intuits, the body that is “all creation that is groaning and in agony” i i i while we work this out. We are not separate from the
Body; we are part of the body, as our Don Emanuele put it, “an image of the praying church.” Abhishiktananda said that the monk is not supposed to worry too much about the canals downstream, he is supposed to stay close to the well. Not because we’re better, not because we are wiser or holier; just because that’s our job; it’s what we do for the sake of the body, the body of the church, the body of humanity, the Body of Christ.

I remember so distinctly September 11, 2001, the day of the terrorist attacks in New York and Washington D.C., we were on retreat with Laurence Freeman; and I remember at Mass that morning looking around the rotunda at all my brothers with their arms raised singing the Our Father, and I thought to myself, “This is exactly where we are supposed to be.” While the rest of the country and many in the world were running around dazzed and horrified (and rightly so!), while jets were being scrambled over the sky and military units mobilized, here we were standing in our silly white robes with our hands stretched up to the sky murmuring our prayers—and that is exactly where we were supposed to be. Even in the midst of that crisis, someone had to remember the holy words, someone had to sing the holy songs, someone had to remember the stream of life-giving water that promised to flow from out of the believer’s heart, someone had to remember that Jesus ordered us to “Love your enemy, and pray for those who persecute you,” especially then when no one else could remember.

We monks sometimes make the mistake of thinking that we are the center of this life, of this monastery. But we are not. I love the altar in the middle of our rotunda; it always reminds me what or, better, center of the world were swirling around it in surrender to God the Merciful and Compassionate; it’s like Mount Arunachala in South India, a symbol of the Shiva-lingam, around which pilgrims circumambulate singing songs, that is meant to melt the ego of anyone who meditates on it in their hearts. We’re not the center of this life; we’re circling around the center, God in Christ is the center, our practice is the center, all those things that will remain after more than one generation of us are in our graves; and whoever stays near to that altar, that well, that raging fire is at the center of our life.

But what I really mean to stress is that we’re here for you, and we need to stay here for you. We do our job for the Body because you do your job for the Body. We get up at 5:15 in the morning and croak out our feeble prayers because you get up at the crack of dawn and feed your children. We show up here four times a day to pray because you show up at your work five, six days a week, 8 to 10 hours a day to build a world of justice and peace. We fast and pray and keep vigil in our cells because you bear such pain and loneliness and we want to bear it with you. We take care of each other here in our lives of charity because we have learned from you how to do that, how to care for a sick friend, how to guide a dying loved one to death’s door with dignity; we do this because you feed the hungry and clothe the naked. We do our job because you do yours.

All that to say that this is your monastery too. If we lack sometimes in extraverted energy and social skills, if not all of us travel around the world doing concerts or writing books or preaching retreats and sermons, please don’t think we have forgotten you or what our job is. We are here close to the well to keep the waters flowing for you too, so that the waters flow downstream and so you can come and dip in any time you need to. We keep the fire burning so that the whole world can see it, and so you can come and warm yourself and re-light that spark of divinity within you whenever you need to. We keep murmuring these sacred words and holy songs over and over again in case you forget them and need to hear them again to be reminded. We stay near this altar to remind you that the altar around which we really circumambulate is the altar of the heart, your own heart, because that’s where God is, in Christ: the Spirit poured into our hearts, so that we can be deified, and in being deified become truly human for the sake of the Body.

\[\text{Mt 12:14-21} \quad \text{Is 42:3; RB 64:13} \quad \text{Bede Griffiths, River of Compassion, 273.} \quad \text{Mk 6:31} \quad \text{Mt 12:15} \quad \text{Constitutions and Declarations, I.4} \quad \text{Rom 8:22} \]